

# Para Districts Cricket Association Inc.

## HEAT MANAGEMENT and HOT WEATHER POLICY

Statement: The game of cricket can be played in a wide range of temperatures and conditions. The Para Districts Cricket Association Inc. does not intend to make any rules that may force an affiliated club into a situation they feel unacceptable, but to provide a policy offering guidelines to assist affiliates in making a decision.

The Para Districts Cricket Association Inc. realises that playing an active sport, like cricket, in hot weather and in the open, can cause heat related illnesses of severe and life threatening nature. Accordingly this policy is designed, as far as possible, to cater for the wide range of climatic conditions that can be experienced during an Australian summer.

*For the purpose of this policy the forecasted maximum temperatures for the next day will be those televised TV channels during the news service the night before the days play.*

### Junior and Women's Competitions.

During the summer the mornings and evenings are usually cooler than the afternoons even though, in some cases, the temperature can become quite hot prior to midday or stay hot into the late afternoon/evening. With this in mind the following guidelines are for morning, afternoon and evening junior and women's cricket. Junior cricket refers to all under age competitions up to under 16's.

#### Morning Cricket.

- (a) If the estimated MAXIMUM temperature is 32 degrees to 39 degrees drinks should be taken approximately every 10 overs or at 30 minute intervals.
- (b) If the estimated temperature, for Elizabeth, is 40 degrees or more, on the various TV News services the night before the games, **all junior and women's cricket is cancelled.**

#### Junior Evening or Night Cricket.

- (a) If the estimated MAXIMUM temperature is 32 degrees to 37 degrees drinks should be taken approximately every 10 overs or at 30 minute intervals.
- (b) If the estimated temperature, for Elizabeth, is 38 degrees or more, on the various TV News services the night before the games, **all junior cricket is cancelled.**

#### Women's Evening or Night Cricket.

- (a) If the estimated MAXIMUM temperature is 32 degrees to 39 degrees drinks should be taken approximately every 10 overs or at 30 minute intervals.
- (b) If the estimated temperature, for Elizabeth, is 40 degrees or more, on the various TV News services the night before the games, **all women's cricket is cancelled.**

#### Junior Afternoon Cricket.

- (a) If the estimated MAXIMUM temperature is 32 to 37 degrees drinks should be taken approximately every 10 overs or at 30 minute intervals.
- (b) If the estimated temperature is 38 degrees or more **all junior cricket is cancelled.**

#### Women's Afternoon Cricket.

- (a) If the estimated MAXIMUM temperature is 32 to 39 degrees drinks should be taken approximately every 10 overs or at 30 minute intervals.
- (b) If the estimated temperature is 40 degrees or more **all women's cricket is cancelled.**

In instances where time is lost due to heat management or hot weather please refer to the relevant by-laws on how the balance of the match is to be conducted.

Where time is lost on Day 2 or play cancelled due to extreme heat the match should be declared a draw unless a result has been reached.

### **Senior Competitions.**

(i) (a) One day matches - If the estimated temperature is 35 to 39 degrees drinks should be taken after the 13<sup>th</sup> and 26<sup>th</sup> overs in each innings.

(i) (b) Two day matches - If the estimated temperature is 35 to 39 degrees there should be 2 drinks breaks per session, provided that there is a minimum of 10 overs between any drinks break and/or any scheduled break. A change of innings may be classed as a drinks break. In matches where there is lost time, a movement of the scheduled tea break or change of innings umpires are to use their discretion but there should be not be more than 3 drink breaks in any one session.

(ii) Club appointed square leg umpires may carry a drink bottle no matter what the estimated temperature may be and the players and/or umpires may call for a drink at any break in play, as long as it does not delay the play.

Substitute fielders are allowed, at any time, to rest a player affected by the temperatures and batsmen may retire, for the same reason, at any time. Such retired batsmen may return at the fall of a wicket. Fielders leaving the field, due to the effect of heat, will not be penalised by the relevant Law of Cricket.

(ii) In instances where the temperature is forecasted, on the TV weather news for Elizabeth, on the evening prior to the days play, to be 40 degrees or more no **SENIOR** games will be played.

In instances where time is lost due to heat management or hot weather please refer to the relevant by-laws on how the balance of the match is to be conducted.

Where Day 2 play is cancelled due to hot weather the match should be declared a draw unless a result had been reached on Day 1.

### **All Competitions.**

In any match where the Beat the Heat Policy is likely to be enacted, the home team **MUST** ensure that cool/cold water in a container of sufficient size is made available for all players and officials, including the visiting team and officials, to allow them to obtain as many drinks as necessary to avoid dehydration.

**This HEAT MANAGEMENT and HOT WEATHER Policy will be reviewed annually to ensure it remains current and relevant.**

Any affiliated club may use this policy.

**Please note – Important:**

**It is ultimately the individual's decision and choice if he/she wishes to participate in any match sanctioned by the PDCA. The PDCA will not enforce any person, nor should their club, to participate in any PDCA match, especially any played under the amended playing conditions of the Heat Management and Hot Weather Policy. The PDCA recommends that all clubs and participants should make reference policies and guidelines as such, but not limited to, SACA Affiliates and Club Protection Policy (section 4.6) and Sports Medicine Australia (S.A. Branch) publications "Drink Up" and "Beat the Heat". The preparation for all individuals to play in any match, especially in hot conditions, is just as important as the management of one-self during and post match.**

Policy Edition 2.7  
Updated June 2015